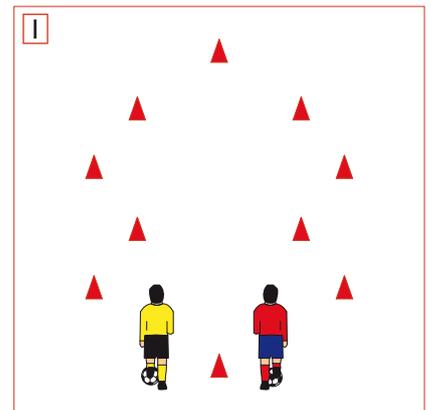
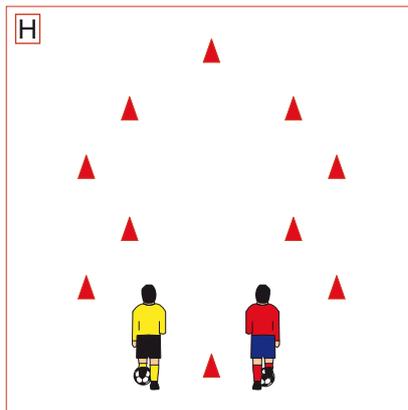
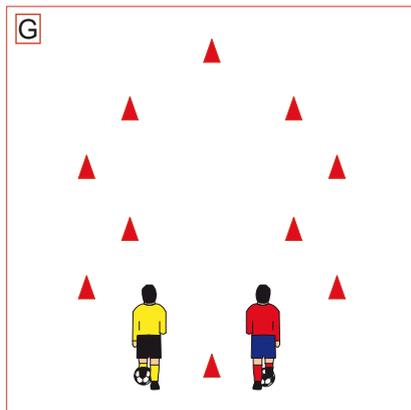
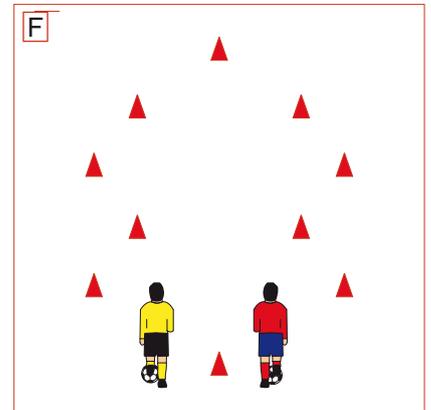
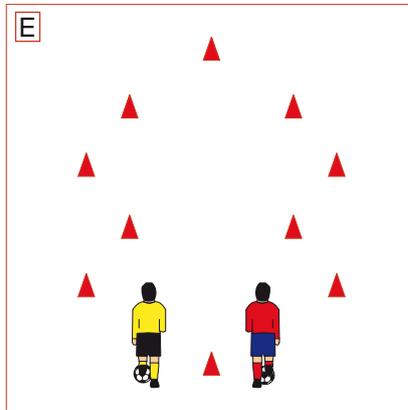
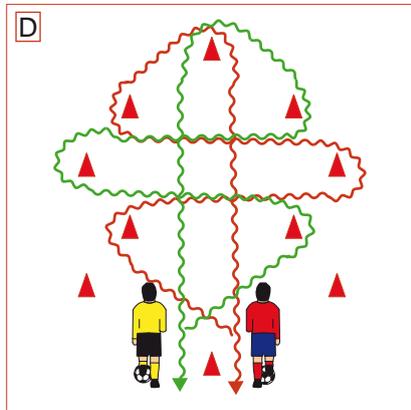
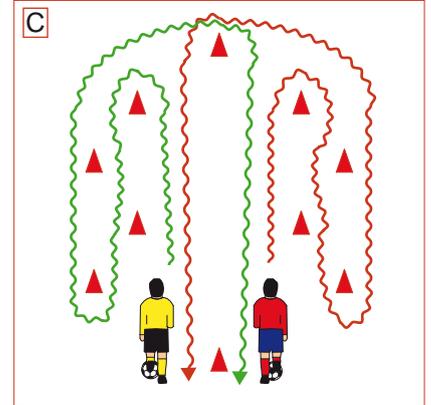
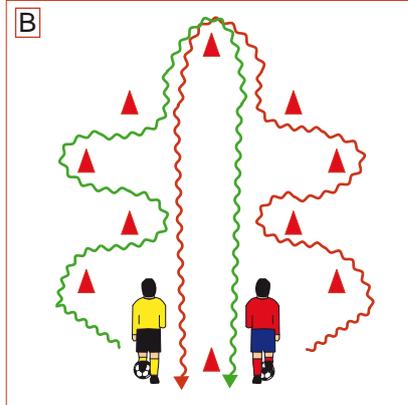
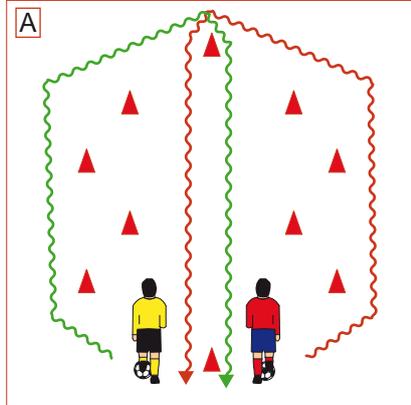




Dribbelwelle

Variationen und eigene Dribbelwege entwickeln



Training am:					
Altersklasse:					
Trainingsteilnehmer:					
Abwesenheit:					
Übungsnote:					
Notizen:					

→ Pass - - - - - → Laufweg ~~~~~ → Dribbling ———→ Torschuss ~~~~~* Wendetechnik